

The Department of Health Care Services (DHCS) provides health plans with guidelines on time and distance standards for member to access health care services.

Provider Type	Time and Distance Standard
Primary Care (Adult and Pediatric)	10 miles or 30 minutes from a member's residence
Specialty Care (Adult and Pediatric) *including OB/GYN	15 miles or 30 minutes from a member's residence
Hospital	15 miles or 30 minutes from a member's residence

The list below shows the Alternative Access Time and Distance standards by zip code and the provider types that are approved for **CalOptima Health only**. If you need to get care from a provider that is located far away from where you live, contact 1-866-796-4245. They will work with you to find a provider that is close to where you live. If they cannot find one near you, transportation services can be requested for a provider that is farther at no cost to you. AMVI Care can also connect you to a provider who is closer but not part of the AMVI Care provider network.

ZIP Code	City	Provider Type	Population Served	Miles	Minutes
92624	Capistrano Beach	Endocrinology	Adult	35	40
92629	Dana Point	Endocrinology	Adult	35	40
92630	Lake Forest	Endocrinology	Adult	25	35
92672	San Clemente	Endocrinology	Adult	40	45
92673	San Clemente	Endocrinology	Adult	35	40
92675	San Juan Capistrano	Endocrinology	Adult	40	45
92679	Trabuco Canyon	Endocrinology	Adult	35	45
92688	Rancho Santa Margarita	Endocrinology	Adult	30	35
92692	Mission Viejo	Endocrinology	Adult	25	35
92694	Ladera Ranch	Endocrinology	Adult	30	40
92624	Capistrano Beach	Neurology	Adult	30	35
92629	Dana Point	Neurology	Adult	30	35
92672	San Clemente	Neurology	Adult	35	40
92673	San Clemente	Neurology	Adult	25	40
92675	San Juan Capistrano	Neurology	Adult	35	40
92679	Trabuco Canyon	Neurology	Adult	40	35
92692	Mission Viejo	Neurology	Adult	25	35

92694	Ladera Ranch	Neurology	Adult	30	40
92624	Capistrano Beach	OB/GYN	Adult	30	35
92629	Dana Point	OB/GYN	Adult	30	35
92672	San Clemente	OB/GYN	Adult	35	40
92675	San Juan Capistrano	OB/GYN	Adult	35	40
92679	Trabuco Canyon	OB/GYN	Adult	40	35
92692	Mission Viejo	OB/GYN	Adult	25	40
92694	Ladera Ranch	OB/GYN	Adult	25	35
92821	Brea	Ophthalmology	Adult	20	50
92886	Yorba Linda	Ophthalmology	Adult	20	50
92887	Yorba Linda	Ophthalmology	Adult	25	60
92624	Capistrano Beach	Physical Medicine & Rehabilitation	Adult	40	45
92629	Dana Point	Physical Medicine & Rehabilitation	Adult	30	45
92630	Lake Forest	Physical Medicine & Rehabilitation	Adult	20	35
92637	Laguna Woods	Physical Medicine & Rehabilitation	Adult	40	45
92651	Laguna Beach	Physical Medicine & Rehabilitation	Adult	25	40
92672	San Clemente	Physical Medicine & Rehabilitation	Adult	40	45
92672	San Clemente	Physical Medicine & Rehabilitation	Pediatric	40	45
92673	San Clemente	Physical Medicine & Rehabilitation	Adult	35	45
92673	San Clemente	Physical Medicine & Rehabilitation	Pediatric	35	45
92675	San Juan Capistrano	Physical Medicine & Rehabilitation	Adult	40	50

92675	San Juan Capistrano	Physical Medicine & Rehabilitation	Pediatric	40	50
92679	Trabuco Canyon	Physical Medicine & Rehabilitation	Adult	30	40
92679	Trabuco Canyon	Physical Medicine & Rehabilitation	Pediatric	30	40
92691	Mission Viejo	Physical Medicine & Rehabilitation	Adult	20	35
92691	Mission Viejo	Physical Medicine & Rehabilitation	Pediatric	20	35
92692	Mission Viejo	Physical Medicine & Rehabilitation	Adult	25	35
92692	Mission Viejo	Physical Medicine & Rehabilitation	Pediatric	25	35
92672	San Clemente	PrimaryCare	Pediatric	30	40
92673	San Clemente	PrimaryCare	Pediatric	25	40
92675	San Juan Capistrano	PrimaryCare	Pediatric	25	40
90631	La Habra	Pulmonology	Adult	25	50
90638	La Mirada	Pulmonology	Adult	20	55

If you speak another language other than English, language assistance services are available to you at no cost.